

Protocol 101 - CDS Daily Dosing Chart

Stock CDS ↓ ppm	Basic Daily ↓ Dose	CDS daily dose as per Protocol 101 (12 February 2013)			
		2 x ↓	3 x ↓	4 x ↓	5 x ↓
500	60 ml	120 ml	180 ml	240 ml	300 ml
1000	30	60	90	120	150
1500	20	40	60	80	100
2000	15	30	45	60	75
2500	12	24	36	48	60
3000	10	20	30	40	50
3500	8.6	17	26	34	43
4000	7.5	15	23	30	38
4500	6.7	13.5	20	27	33.5
5000	6.0	12	18	24	30
5500	5.5	11	16.5	22	27.5
6000	5.0	10	15	20	25
12000	2.5	5.0	7.5	10	12.5
mg ClO₂ →	30	60	90	120	150

dose = concentration x volume concentration = dose / volume volume = dose / concentration

Basic daily dose: Add 10 ml (2 US Tsp) of 3000 ppm CDS to 1 liter (34 fl oz) of water per day. Use one part every consecutive hour, 8 to 12 times per day until finished. With severe, life-threatening illness, you may slowly raise up the dose to a maximum of 50 ml of 3000 ppm CDS per day. Lower the dosage if nausea or discomfort occurs. See chart for different CDS concentrations.

dose = mg ClO₂ concentration = ppm volume = liters (1 liter 3000 ppm cds = 3000 mg ClO₂)

Note that each column of CDS daily doses measured in ml, has the same amount of ClO₂ for each amount in that column, because the CDS volumes vary by the stock CDS concentrations. In other words, if you have 3000 ppm stock CDS solution, each 10 ml contains 30 mg ClO₂ & if you have a 1500 ppm stock CDS solution, 20 ml contains 30 mg of ClO₂. It is more accurate to say how much ClO₂ you are using for daily doses, instead of describing the volume & ppm of the solution. Any of the amounts of CDS in each column will provide the same amount of ClO₂ which varies by the stock solution concentration. So, if you are on Protocol 1000, you would use the column marked '5X Basic Daily Dose' because that is approximately equivalent to eight MMS1 Protocol 1000 3 drop daily doses & contains a total of 20mg of ClO₂ per hourly dose or ~161 mg ClO₂ per day.

If you use an eight fluid ounce glass **baby bottle** for your daily dosing, you probably use 1 fl oz of the solution every consecutive hour. Following Protocol 101, you would add 10 ml of 3000 ppm CDS to the bottle and top up with water to the 8 fl oz mark. Then, you would pour out 1 fl oz of the baby bottle solution each hour and mix it in any quantity of water. You would be getting 3.75 mg of ClO₂/dose for a total of 30 mg of ClO₂ per day. If on P1000 add 50ml CDS to bottle.

Note that dosing amounts have been increased. Start low as noted above but you can take much more than previously thought.
<http://g2cforum.org/index.php/list/approved-mms-protocols/25593-protocol-101-sacramental-cds-protocol#30542>
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