

# MMS1 Baby Bottle Protocol

(for Adults)

- ▶ **MMS** is a 22.4% solution of 80% sodium chlorite powder or flakes ( $\text{NaClO}_2$ ) in water.
- ▶ **MMS1** is activated MMS. It is MMS plus an activator; when the two are mixed together they produce chlorine dioxide ( $\text{ClO}_2$ ).

For each drop of MMS add one drop of 4% HCL activator (preferred activator for best taste) or 50% citric acid. The ratio is ALWAYS 1 to 1. Adults use 24 drops as the full daily dose. This dosage complies with Protocol 1000.

## Activating a drop



In a clean dry shot glass

Place drops of MMS ( $\text{NaClO}_2$ )

Add drops of 4% HCL activator

Wait 20 seconds for activation

Add purified water to the shotglass to stop activation

### The easiest way to begin using MMS1 is the baby bottle method

Children and adults all start the same way: Day One is one activated drop of MMS in 8 fl oz of water. Add 1 drop of MMS & 1 drop of 4% HCL to the dry baby bottle. Tip bottle so the solution pools together. After 20 seconds, add water to the 8 fl oz mark.

Drink hourly 1 fl oz from the baby bottle mixed with about 3 fl oz of water. This means that on Day One you will be drinking 1/8 of a drop of MMS1 each hour for a total of 8 hours.

On Day Two add two drops of activated MMS to 8 fl oz of water. This way you are drinking 1/4 of a drop of MMS1 each hour for a total of 8 hours. For a better taste you can add a few drops of Sweetleaf brand liquid Stevia to each hourly dose.

Increase one drop per day UNLESS nausea, or diarrhea occur, in which case, stop dosing for the day and return to the previous dose when you were stable.

When you get within 2-3 drops of your daily full dose of 24 drops spend 3 days at each drop while carefully observing for any problems and moving up only when stable.

## The Baby Bottle Method



In a clean, dry baby bottle

+



Place drops of MMS (NaClO<sub>2</sub>)

+



Add drops of 4% HCL activator\*

+



Wait 20 seconds for activation

+



Fill baby bottle with purified water to the 8 fl oz mark

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Seal the baby bottle with the safety disc or a travel cap to seal bottle.

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Drink 1 fl oz every hour, for a total of 8 doses, add 3 fl oz of water to each dose.

\*tip baby bottle so all drops are in one place so they touch each other to combine into one pool of solution.

## Advanced Protocols

Once you reach the full dose of 24 drops you may add in the following:

Enemas: 8-20 Activated drops of MMS in 130-500 mL (4-16 fl oz) of warm water in the colon for 1-3 minutes. You can use a catheter and syringes, a multipurpose enema / douche bag or empty out a fleet enema. Apply every other day.

Baths: 20-60 Activated drops of MMS in a hot (to tolerance) bath with 5 to 8 inches (13-30cm) of water. Soak for 20 minutes. Apply opposite enema days.

To purchase baby bottles with lids: <http://www.wps4sale.com/SPD/8-oz-baby-bottle--empty--8-oz-glass-baby-bottle-with-water-tight-lid--marke--800000ED-1344108997.jsp>

With thanks to Kimberly McDaniel, Kerri Rivera & Andreas Kalcker! See Kerri demonstrate the method here: <http://www.youtube.com/watch?v=W0SzMMSSFGA>

**\*\*\*The MMS Protocol is for information purposes only, it is not a substitute for medical diagnosis, advice or treatment. You are encouraged to confirm any information obtained from or through this Protocol with other sources, and review all information regarding any medical condition or treatment with your physician. You are ultimately responsible for your own choices surrounding your health and the health of your children.\*\*\***

### Comments by Michael Harrah

Whenever Protocol 1000 is recommended, then I recommend the baby bottle method of administering it. The instructions above show you just how to activate your dose and prepare the bottle. This method is easy and fool proof in my opinion. It is convenient because it is only a small bottle to carry and drinking 1 fl oz per hour is easy once you get in the habit. The increase in dosage is slow enough to avoid problems people sometimes encounter, even for sensitive people.

Also, low doses can sometimes be very effective for someone for a while. You start with only 1 activated drop for the whole day on day 1; then day 2 you go to 2 drops for the whole 8 fl oz; then go up 1 drop each day, till reaching 24 drops in the 8 fluid ounces. If there is a great deal of benefit at a certain level then stay there for a while. If the person starts to encounter nausea or loose stools at some level, then the next day go down a drop and stay there for a while till they can go up again without problems. If any type of adverse reaction occurs on a day, then stop the doses for that day and the next day reduce a drop and stay there for a while until it is safe to go up again.

This method was developed by Kerri Rivera for use with children having autism because they tend to be very sensitive. But, she found it works very well with the parents and adults also. I agree it does work very well and I'm using it myself.

Michael